



1  
00:00:07,639 --> 00:00:04,640  
at the Baikonur cosmodrome in Kazakhstan

2  
00:00:10,009 --> 00:00:07,649  
expedition 26 soyuz commander dmitry

3  
00:00:12,709 --> 00:00:10,019  
kondratyev nasa flight engineer Cady

4  
00:00:15,499 --> 00:00:12,719  
Coleman and European Space Agency flight

5  
00:00:17,510 --> 00:00:15,509  
engineer paolo nespoli participated in a

6  
00:00:20,570 --> 00:00:17,520  
variety of activities from December

7  
00:00:22,640 --> 00:00:20,580  
third through the 10th 2010 they

8  
00:00:27,050 --> 00:00:22,650  
prepared for launch December 16th

9  
00:00:29,359 --> 00:00:27,060  
Baikonur time in their soyuz tma-22 the

10  
00:00:31,400 --> 00:00:29,369  
International Space Station the footage

11  
00:00:34,010 --> 00:00:31,410  
includes the crew members arrival in

12  
00:00:36,350 --> 00:00:34,020  
Baikonur they're suited and unsuited fit

13  
00:00:38,600 --> 00:00:36,360

checks in their Soyuz spacecraft the

14

00:00:40,639 --> 00:00:38,610

raising of flags outside their cosmonaut

15

00:01:01,170 --> 00:00:40,649

hotel crew quarters and other

16

00:01:01,180 --> 00:01:19,460

Katie

17

00:01:19,470 --> 00:01:29,230

children

18

00:01:29,240 --> 00:01:41,000

sure

19

00:01:41,010 --> 00:01:46,560

yes

20

00:02:00,660 --> 00:01:49,270

stupid synergies with a possible ninjas

21

00:02:23,240 --> 00:02:00,670

calipers should remove still unibrow

22

00:02:23,250 --> 00:02:33,820

oh please

23

00:02:33,830 --> 00:03:10,300

no no

24

00:03:10,310 --> 00:03:15,040

mystery religion

25

00:03:15,050 --> 00:03:37,150

we hit it employed

26

00:03:37,160 --> 00:03:53,160

three

27

00:03:53,170 --> 00:06:13,030

hey one

28

00:06:13,040 --> 00:06:35,869

look of the regulation ball

29

00:06:35,879 --> 00:06:45,060

No

30

00:06:45,070 --> 00:07:19,310

Oh

31

00:07:19,320 --> 00:07:37,279

Jenny

32

00:07:37,289 --> 00:07:49,450

more let me go once you go

33

00:07:49,460 --> 00:09:10,330

because my three

34

00:09:10,340 --> 00:09:33,160

servo

35

00:09:33,170 --> 00:10:17,800

here

36

00:10:43,189 --> 00:10:20,980

what do you think

37

00:10:49,619 --> 00:10:47,609

place by the way what velocity Keith let

38

00:10:52,249 --> 00:10:49,629

me change it for the light in Saudi

39

00:10:59,639 --> 00:10:52,259

mother have any questions wishes

40

00:11:04,229 --> 00:10:59,649

comments who did the fit check will

41

00:11:08,549 --> 00:11:04,239

check the equipment no comments this

42

00:11:13,710 --> 00:11:08,559

suits fit very well the vega let's go to

43

00:11:19,889 --> 00:11:13,720

I think it's fine kat-tun what about

44

00:11:22,589 --> 00:11:19,899

your suit my suit is excellent just

45

00:11:53,010 --> 00:11:22,599

right for me everything is good thank

46

00:11:53,020 --> 00:13:02,470

No

47

00:13:02,480 --> 00:18:03,539

Julia Pastrana Marya

48

00:18:03,549 --> 00:18:57,810

you

49

00:18:57,820 --> 00:19:03,779

change

50

00:19:03,789 --> 00:19:13,389

as the book open

51  
00:20:14,470 --> 00:19:23,509  
no we because pay good money to put in

52  
00:20:26,720 --> 00:20:18,350  
yes sometimes it was the only exercise i

53  
00:20:32,659 --> 00:20:26,730  
think is relaxing fall asleep yes this

54  
00:20:37,430 --> 00:20:32,669  
one um well it's a it's a way to

55  
00:20:41,060 --> 00:20:37,440  
stimulate the sensors pressure sensor

56  
00:20:44,260 --> 00:20:41,070  
that are here located here and they feel

57  
00:20:48,049 --> 00:20:44,270  
that you get a lot of blood in your head

58  
00:20:50,690 --> 00:20:48,059  
and somebody continuously changing the

59  
00:20:54,110 --> 00:20:50,700  
position to simulate when we go into

60  
00:20:58,269 --> 00:20:54,120  
space at the beginning and we call him

61  
00:21:00,710 --> 00:20:58,279  
pass here's a little tiger that is the

62  
00:21:05,110 --> 00:21:00,720  
companion of a little boy and the boy

63  
00:21:11,060 --> 00:21:08,000

the boy says that the tiger has all of

64

00:21:13,370 --> 00:21:11,070

the ideas that get him in trouble the

65

00:21:15,889 --> 00:21:13,380

boy never has the bad ideas only the

66

00:21:20,870 --> 00:21:15,899

tiger so I also bring the tiger with me

67

00:21:23,710 --> 00:21:20,880

so that you can give us some some ideas

68

00:21:27,350 --> 00:21:23,720

of how to have a little more fun

69

00:21:30,110 --> 00:21:27,360

but Tiger this tiger does not get a

70

00:21:32,000 --> 00:21:30,120

source it's because we have to pack our

71

00:21:35,600 --> 00:21:32,010

things for space very long in advance

72

00:21:40,340 --> 00:21:35,610

and so a little tiger just like this one

73

00:21:41,960 --> 00:21:40,350

is already on board the station so this

74

00:21:58,850 --> 00:21:41,970

one I will give to my son before I

75

00:22:16,250 --> 00:21:58,860

launch unlike the little or

76

00:22:45,480 --> 00:22:16,260

appetizer we've the difficulty yeah

77

00:25:12,640 --> 00:22:58,360

no now let's get your family yeah as

78

00:25:57,290 --> 00:25:24,710

which one is for them i think sunday the

79

00:26:01,720 --> 00:25:57,300

grades yeah we will you want to back up

80

00:26:01,730 --> 00:27:25,779

I can see them

81

00:27:34,220 --> 00:27:29,749

follow please what do you think about

82

00:27:35,989 --> 00:27:34,230

this traditional but it's a very good

83

00:27:38,210 --> 00:27:35,999

tradition because the tree symbolizes

84

00:27:43,279 --> 00:27:38,220

something that grows into the future to

85

00:27:45,739 --> 00:27:43,289

plant a little 30 little seed sudden you

86

00:27:48,289 --> 00:27:45,749

have a big tree in the future this also

87

00:27:50,119 --> 00:27:48,299

goes for our kids we who thinks we are

88

00:27:52,820 --> 00:27:50,129

going to plant a lot of trees that we

89

00:27:55,190 --> 00:27:52,830

grow into into young generation and also

90

00:27:57,200 --> 00:27:55,200

it's good because you know they

91

00:27:59,210 --> 00:27:57,210

symbolize nature and they clean the

92

00:29:00,340 --> 00:27:59,220

atmosphere where we leave so it's a good

93

00:29:10,670 --> 00:29:04,810

get to eat you liked it I love my tree I

94

00:29:12,350 --> 00:29:10,680

think it's a great tradition to to plant

95

00:29:14,900 --> 00:29:12,360

trees and when we look at a tree like

96

00:29:17,420 --> 00:29:14,910

this it looks so small and it's really a

97

00:29:19,040 --> 00:29:17,430

hard to believe that the thing we do

98

00:29:21,200 --> 00:29:19,050

today to plant the tree that when we

99

00:29:24,410 --> 00:29:21,210

come back many years from now it will be

100

00:29:26,810 --> 00:29:24,420

big it's really hard to believe but it

101  
00:29:29,870 --> 00:29:26,820  
will be and it's the same for us when we

102  
00:29:34,190 --> 00:29:29,880  
go to space we as a crew we take one

103  
00:29:37,010 --> 00:29:34,200  
step pee our expedition 26 expedition 27

104  
00:29:38,750 --> 00:29:37,020  
and our work is a small piece of

105  
00:29:42,500 --> 00:29:38,760  
something that actually grows to be very

106  
00:29:47,150 --> 00:29:42,510  
very you have where this traditional in

107  
00:29:49,580 --> 00:29:47,160  
America in NASA we don't plant trees

108  
00:29:52,460 --> 00:29:49,590  
before we fly but I think it's a very

109  
00:29:55,400 --> 00:29:52,470  
very nice tradition in my family we have

110  
00:29:58,190 --> 00:29:55,410  
another tradition my husband is a glass

111  
00:29:59,900 --> 00:29:58,200  
artist and he makes very small planets

112  
00:30:01,910 --> 00:29:59,910  
that to make everyone think of the

113  
00:30:04,550 --> 00:30:01,920

different planets that are out in the

114

00:30:07,190 --> 00:30:04,560

universe and so in my family our

115

00:30:09,710 --> 00:30:07,200

tradition is when we plant new trees we

116

00:30:12,140 --> 00:30:09,720

always plan to planet as well a little

117

00:30:14,930 --> 00:30:12,150

small planet and so sometime when I'm

118

00:30:16,700 --> 00:30:14,940

running maybe today maybe tomorrow I'll

119

00:30:19,549 --> 00:30:16,710

come back and I will put the planet

120

00:30:41,690 --> 00:30:19,559

there to thank you

121

00:30:44,570 --> 00:30:41,700

I hope you stash the planet somewhere

122

00:30:47,450 --> 00:30:44,580

there you know in my family we have this

123

00:30:50,210 --> 00:30:47,460

tradition of plan be Amish a very

124

00:30:55,190 --> 00:30:50,220

special places and there might just be a

125

00:30:58,039 --> 00:30:55,200

planet here somewhere near this tree to

126  
00:31:01,039 --> 00:30:58,049  
about um this is valentina Tereshkova

127  
00:31:05,060 --> 00:31:01,049  
street and for me it was very special to

128  
00:31:07,639 --> 00:31:05,070  
meet and talk with fetish cova before

129  
00:31:10,310 --> 00:31:07,649  
launch because she is part of the

130  
00:31:13,639 --> 00:31:10,320  
Heritage the very beginning of space

131  
00:31:20,450 --> 00:31:13,649  
flight we are somewhere in the middle

132  
00:31:22,580 --> 00:31:20,460  
taking just one more following my

133  
00:31:26,330 --> 00:31:22,590  
family's tradition of collecting small

134  
00:31:29,359 --> 00:31:26,340  
glass spheres very special places there

135  
00:31:32,060 --> 00:31:29,369  
might be a small beautiful glass planet

136  
00:31:35,239 --> 00:31:32,070  
somewhere buried near her tree and I do

137  
00:31:37,369 --> 00:31:35,249  
that in your honor let me discuss my

138  
00:31:40,970 --> 00:31:37,379

Boston with Madeira to tell us we just

139

00:31:43,669 --> 00:31:40,980

found out that you have a blog yes I

140

00:31:45,889 --> 00:31:43,679

contact the press service Everest cosmos

141

00:31:50,149 --> 00:31:45,899

how we can continue the cosmos tradition

142

00:31:52,009 --> 00:31:50,159

who started to write a diary I'm

143

00:31:54,759 --> 00:31:52,019

probably not a deranged as describing

144

00:31:57,139 --> 00:31:54,769

events which occurred during spaceflight

145

00:31:58,489 --> 00:31:57,149

from the standpoint of a person who is

146

00:32:03,169 --> 00:31:58,499

inside the station because it's

147

00:32:05,269 --> 00:32:03,179

interesting to a reader to describe what

148

00:32:09,889 --> 00:32:05,279

has been done over there what is

149

00:32:13,279 --> 00:32:09,899

Baikonur what is number 18 this is a

150

00:32:15,649 --> 00:32:13,289

place where they lived and I put up a

151  
00:32:18,769 --> 00:32:15,659  
picture because a few people had heard

152  
00:32:20,299 --> 00:32:18,779  
about it but hadn't seen it and I think

153  
00:32:22,100 --> 00:32:20,309  
probably described in the morning how I

154  
00:32:23,869 --> 00:32:22,110  
got up and how I was brushing my teeth

155  
00:32:27,100 --> 00:32:23,879  
is not very interesting we go video box

156  
00:32:29,810 --> 00:32:27,110  
what is the 14th of december for you

157  
00:32:31,549 --> 00:32:29,820  
this will be the day when the state

158  
00:32:34,340 --> 00:32:31,559  
board will take place

159  
00:32:36,190 --> 00:32:34,350  
and we do hope that the state border

160  
00:32:41,090 --> 00:32:36,200  
will approve of our caress prime crew

161  
00:32:43,549 --> 00:32:41,100  
and after that there'll be just one day

162  
00:32:46,970 --> 00:32:43,559  
full of ceremonies and a very busy day

163  
00:32:50,060 --> 00:32:46,980

and the day when the crew will be

164

00:32:52,430 --> 00:32:50,070

preparing for the flight will be doing

165

00:32:56,180 --> 00:32:52,440

some personal things get ready for

166

00:32:58,879 --> 00:32:56,190

launch packing their things because of

167

00:33:00,590 --> 00:32:58,889

the next day they live on a bus and they

168

00:33:02,210 --> 00:33:00,600

believe their things at the hotel and

169

00:33:05,149 --> 00:33:02,220

our friends will take care of them and

170

00:33:08,029 --> 00:33:05,159

we'll pass them on to our relatives so

171

00:33:10,989 --> 00:33:08,039

this will probably a normal day add a

172

00:33:14,869 --> 00:33:10,999

similar to a date prior to business trip

173

00:33:16,909 --> 00:33:14,879

what to think about mattress blog during

174

00:33:18,529 --> 00:33:16,919

the blog as many astronaut are doing

175

00:33:22,220 --> 00:33:18,539

because we are trying to inform the

176  
00:33:25,609 --> 00:33:22,230  
people what we are doing every day I am

177  
00:33:29,090 --> 00:33:25,619  
doing I don't have a blog I'm using

178  
00:33:32,480 --> 00:33:29,100  
Twitter which is a very little messages

179  
00:33:36,919 --> 00:33:32,490  
of maximum 140 characters I tried to put

180  
00:33:39,200 --> 00:33:36,929  
pictures on it and tell people what we

181  
00:33:40,730 --> 00:33:39,210  
are doing or ask them questions like I

182  
00:33:42,739 --> 00:33:40,740  
show a piece of hardware say what you

183  
00:33:45,289 --> 00:33:42,749  
think this is for and and this is nice

184  
00:33:49,269 --> 00:33:45,299  
it generates a lot of interest and it's

185  
00:33:51,320 --> 00:33:49,279  
very good I find it fun you'll launch

186  
00:33:56,389 --> 00:33:51,330  
what we are going to do from the day of

187  
00:33:57,950 --> 00:33:56,399  
launch story wouldn't get it oh it's a

188  
00:34:00,499 --> 00:33:57,960

it's a normal day today all no one

189

00:34:04,249 --> 00:34:00,509

judges took meaning that we will wake up

190

00:34:09,079 --> 00:34:04,259

have breakfast prepare ourself and then

191

00:34:12,349 --> 00:34:09,089

and then go to the launch complex what

192

00:34:15,399 --> 00:34:12,359

we will put on our suit do with fit

193

00:34:19,490 --> 00:34:15,409

check actually make sure that the suez

194

00:34:22,309 --> 00:34:19,500

keeps pressure and and then we'll just

195

00:34:25,069 --> 00:34:22,319

go to the two-day rocket and going space

196

00:34:27,740 --> 00:34:25,079

any any normal day for foreign astronaut

197

00:34:30,500 --> 00:34:27,750

your family has always an appearance on

198

00:34:32,329 --> 00:34:30,510

your super honest lorna not this shall

199

00:34:36,109 --> 00:34:32,339

show the picture this is based on and

200

00:34:38,750 --> 00:34:36,119

and i will describe what they find the

201

00:34:41,659 --> 00:34:38,760

final solution was explorers

202

00:34:44,240 --> 00:34:41,669

and we are part of leaving our planet

203

00:34:46,760 --> 00:34:44,250

our earth and going and finding out what

204

00:34:48,230 --> 00:34:46,770

other places are out there the first

205

00:34:50,870 --> 00:34:48,240

step to doing that is to live in

206

00:34:54,530 --> 00:34:50,880

low-earth orbit like we will do as a

207

00:34:57,350 --> 00:34:54,540

six-person crew and these kinds of

208

00:35:00,500 --> 00:34:57,360

objects you may remind me of the bigger

209

00:35:02,930 --> 00:35:00,510

goal which is to really understand our

210

00:35:05,690 --> 00:35:02,940

universe and I'm proud to be part of

211

00:35:08,810 --> 00:35:05,700

that but in my fat and in my family we

212

00:35:10,670 --> 00:35:08,820

have a tradition that these small glass

213

00:35:12,740 --> 00:35:10,680

objects can actually be found in vent

214

00:35:16,040 --> 00:35:12,750

many interesting places that we think

215

00:35:19,070 --> 00:35:16,050

are special and so I have fouts on here

216

00:35:21,260 --> 00:35:19,080

in Baikonur I have to say and now I will

217

00:35:24,950 --> 00:35:21,270

fix one more which is I will put one